

The Ultimate Baby Proofing CHECKLIST

SIGNATURE
HOME SERVICES

1 - THE NURSERY/BEDROOM

- Invest in a baby monitor
- Be wary of second-hand cribs
- Put up a window guard
- Look for a crib with fixed sides
- Your baby doesn't need a pillow
- Install electrical outlet and door knob covers
- Toy chests are dangerous for little fingers
- Keep the walls around the crib free of decorations
- Consider a glider over a rocking chair
- Take mobiles down as your baby begins to stand and climb

2 - THE STAIRS

- Get a baby gate
- Teach your child how to safely walk stairs
- Make sure you have a handrail
- Consider some carpeting or non-slip mats
- Keep stairways well-lit

3 - THE KITCHEN

- Install door, cabinet and appliance locks
- Consider natural alternatives to chemical cleaning products
- Store plastic bags and foil out of reach
- Lock multivitamins and supplements away
- Keep breakable dishes and cutlery high up
- Watch for any dangling cords
- Cover exposed electrical outlets
- Keep small magnets off your refrigerator
- Get safe, plastic items your baby can play with

4 - THE BATHROOM

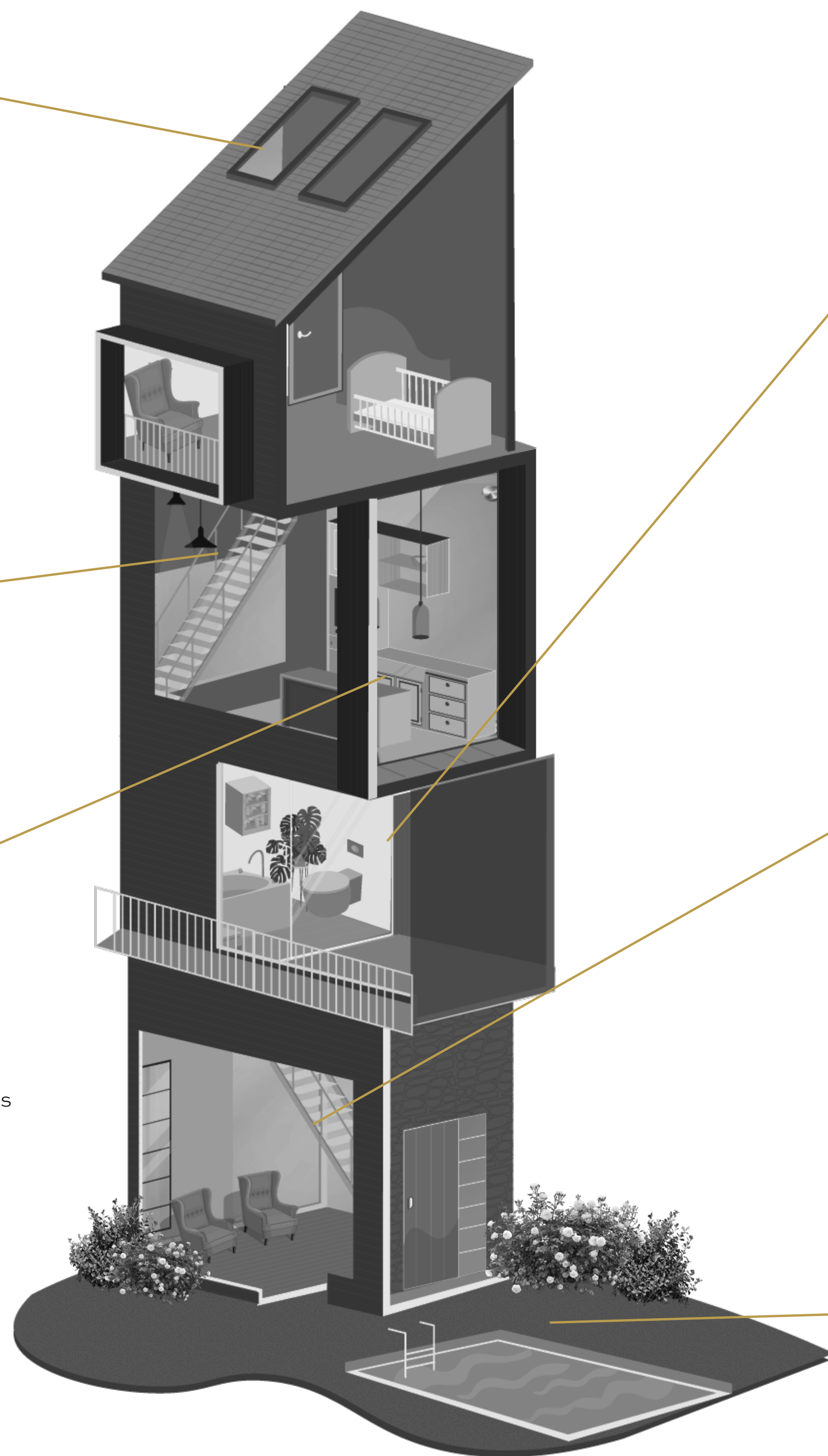
- Keep the toilet lid down or invest in a toilet lid lock
- Remove toilet bowl cleaner
- Keep razors out of reach in the shower
- Lock medicine and supplements away
- Reduce your water heater temperature to less than 120 degrees
- Get a non-slip bath mat
- Check the screw covers on the base of the toilet
- Keep soaps and toothpaste out of reach

5 - THE LIVING ROOM

- Consider carpeting to cushion falls for your baby
- Safeguard sharp coffee table corners and edges
- Check furniture sturdiness
- Make sure there's nothing dangerous your baby can climb
- Check that window cords do not dangle too low
- Close off the fireplace
- Remove dangling cords around the tv and stereo
- Install electrical outlet and door knob covers
- Install window locks

6 - AROUND THE HOUSE

- Remember to keep doors closed
- Anchor wobbly furniture
- Keep guns safely locked up
- Use a vacuum to help find small dangerous objects
- Keep pools and tubs covered when not in use



Did You Know?
In the United States...



A falling television or tipping furniture sends a child to the emergency room every 24 minutes



Accidental suffocation is the number one cause of death for children under a year old



9.2 million children visit the emergency room for unintentional injuries each year

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